



Eat pineapple	You like to swim	You have relaxed on the beach	Eat seafood	Complete our Tropical Move It More Class on Schedules Plus
You can hula hoop for a minute or more	Been fishing in the past year	You have been snorkeling	You have some sort of shell collection	Eat a kabob
Complete our Beach Meditation Session on Schedules Plus	You wear sunscreen on a regular basis	FREE	Eat something coconut-flavored	Been hiking
You have seen the ocean	Have some iced tea	Join our ZOOM "Learn to Hula Dance" at 1 on Tuesday	Dress for the Tropics on Wednesday	You have walked on the beach
You have been canoeing or kayaking	Join our ZOOM "Healthy Habits from Hawaiians" at 1 on Thursday	You wear sunglasses, visors, or hats when the sun is beaming down	You own a pair of sandals for those warm summer months	You have seen a dolphin