


VINE Hot Meals On Wheels

September 2019

Mon	Tue	Wed	Thu	Fri
<p>2 Closed for Labor Day</p> 	<p>3 5 oz. Cold Tuna Noodle Salad 1/2 c. Marinated Tomato Salad 1 Banana Wheat Bread/Butter 2"x2" Bar</p>	<p>4 5 oz. Asian Chicken 1/2 c. Rice 1/2 c. Asian Vegetables 1/2 c. Pineapple Wheat Bread/Butter</p>	<p>5 3 oz. Pork Loin 1/2 c. Glazed Carrots 1/2 c. Strawberries Wheat Bread/Butter 2"x2" Fruit Crisp</p>	<p>6 3 oz. Pepper Steak 1/2 c. Au Gratin Potatoes 1/2 c. Prince William Vegetables 1/2 c. Cantaloupe Wheat Bread/Butter</p>
<p>9 3 oz. Ham 1/2 c. Sweet Potatoes 1/2 c. Creamy Cucumbers 1/2 c. Applesauce Wheat Bread/Butter</p>	<p>10 8 oz. Tomato Soup 3 oz. Grilled Cheese Sandwich 1/2 c. Fruit Cocktail Crackers 2"x2" Pumpkin Cake</p>	<p>11 4 oz. Baked Fish 1/2 c. Scalloped Potatoes 1/2 c. Cauliflower 1 Apple Wheat Bread/Butter</p>	<p>12 Tacos 2 oz. Beef, 1 oz. Cheese 2 Tortillas/1 Tbsp. Sour Cream 1/2 c. Shredded Lettuce & Tomato 1/2 c. Peaches 1/2 c. Pudding</p>	<p>13 3 oz. Chicken Salad on Bun 1/2 c. Pasta Salad 1/2 c. Broccoli 1/2 c. Apricots Cookie</p>
<p>16 6 oz. Lasagna 1/2 c. Green Beans 1 Banana Garlic Bread 2"x2" Brownie</p>	<p>17 8 oz. Turkey Pot Pie 1/2 c. Lettuce/Salad Dressing 1/2 c. Blushing Pears Wheat Bread/Butter 2"x2" Spice Cake</p>	<p>18 4 oz. Roast Beef/Gravy 1/2 c. Noodles 1/2 c. Corn 1/2 c. Watermelon Wheat Bread/Butter</p>	<p>19 3 oz. Bratwurst on a Bun 1/2 c. Wax Beans 1/2 c. Fruit Salad 2"x2" Apple Cake</p>	<p>20 6 oz. Hamburger Tomato Hotdish 1/2 c. Peas 1/2 c. Strawberries Wheat Bread/Butter 1/2 c. Mandarin Orange Whip</p>
<p>23 3 oz. Pulled Pork on Bun 1/2 c. Cheesy Potatoes 1/2 c. Mixed Vegetables 1/2 c. Scalloped Apples</p>	<p>24 8 oz. Vegetable Soup 3 oz. Egg Salad Sandwich 1/2 c. Tropical Fruit Crackers 2"x2" Raspberry Parfait Dessert</p>	<p>25 4 oz. Meatloaf/Ketchup 1 Baked Potato 1/2 c. Coleslaw 1/2 c. Pears Wheat Bread/Butter</p>	<p>26 8 oz. Ham Boil Dinner w/ Cabbage, Potatoes, Carrots 1/2 c. Mandarin Oranges Dinner Roll/Butter 2"x2" Zucchini Cake</p>	<p>27 6 oz. Salisbury Steak 1/2 c. Whole Parslied Potatoes 1/2 c. Squash 1/2 c. Cantaloupe Wheat Bread/Butter</p>
<p>30 3 oz. Polish Sausage 1/2 c. Mashed Potatoes/Gravy 1/2 c. Carrots 1/2 c. Mixed Fruit Wheat Bread/Butter</p>		<p><i>Menu is subject to change.</i></p> <p><i>Please call 387-4076 by 9 am if you'd like to cancel your meal for the day.</i></p>	<p>387-4076</p> 