


VINE Hot Meals on Wheels Menu

January 2019

Mon	Tue	Wed	Thu	Fri
<p><i>Menu is subject to change.</i></p> <p><i>Please call the hotline by 9 am if you'd like to cancel your meal for the day.</i></p>	<p>1 Closed for the Holidays</p> 	<p>2 3 oz. Swiss Steak/Stewed Tom. 1/2 c. Whole Parslied Potatoes 1/2 c. Apricots Wheat Bread/Butter 1/2 c. Tapioca Pudding</p>	<p>3 6 oz. Beef Stroganoff 1/2 c. Noodles 1/2 c. Peas 1 Orange Wheat Bread/Butter</p>	<p>4 3 oz. Roast Turkey 1/2 c. Buttered Boiled Potatoes 1/2 c. Coleslaw 1/2 c. Strawberries Wheat Bread/Butter</p>
<p>7 Stuffed Baked Potato - 2 oz. Ham, 1 oz. Cheese, 1/2 c. Broccoli 1/2 c. Pineapple Wheat Bread/Butter 2"x2" Fruit Crisp</p>	<p>8 5 oz. Oven Crispy Chicken 1/2 c. Cheesy Potatoes 1/2 c. California Blend Veg. 1/2 c. Blushing Pears Wheat Bread/Butter</p>	<p>9 3 oz. Hamburger on Bun w/ Lettuce & Tomato 1/2 c. Baked Beans 1/2 c. Fruit Cocktail 2"x2" Lemon Bar</p>	<p>10 8 oz. Navy Bean Soup 3 oz. Ham Sandwich 1 Banana Crackers 2"x2" Angel Food Cake</p>	<p>11 4 oz. BBQ Pork Chop 1/2 c. Oven Browned Potatoes 1/2 c. Beets 1/2 c. Mixed Fruit Wheat Bread/Butter</p>
<p>14 6 oz. Chicken in Cream Sauce 1/2 c. Rice Pilaf 1/2 c. Peas & Carrots 1/2 c. Peaches Wheat Bread/Butter</p>	<p>15 3 oz. Sloppy Joe on a Bun 1/2 c. Creamed Corn 1/2 c. Cantaloupe 2"x2" Frosted Chocolate Cake</p>	<p>16 3 oz. Country Steak 1/2 c. Roasted Sweet Potatoes 1/2 c. Strawberries Wheat Bread/Butter 2"2" Cheesecake</p>	<p>17 Taco Salad: 3 oz. Taco Meat, 1/2 oz. Cheese/2 oz. Tortilla Chips 1 c. Lettuce/Chopped Tomatoes 2 T. Salad Dressing 1/2 c. Fresh Fruit Wheat Bread/Butter</p>	<p>18 3 oz. Hot Turkey Sandwich 1/2 c. Mashed Potatoes/Gravy 1/2 c. Buttered Cabbage 1/2 c. Watermelon Wheat Bread/Butter</p>
<p>21 3 oz. Roast Beef 1/2 c. Parslied Potatoes 1/2 c. Squash 1/2 c. Applesauce Wheat Bread/Butter</p>	<p>22 6 oz. Pork Chow Mein 1/2 c. Rice 1/2 c. Asian Vegetables 1/2 c. Mandarin Oranges Wheat Bread/Butter</p>	<p>23 4 oz. Italian Meat Sauce 4 oz. Spaghetti Noodles 1/2 c. Lettuce Salad/Dressing 1 Banana Garlic Bread</p>	<p>24 8 oz. Chicken Vegetable Soup 3 oz. Egg Salad Sandwich 1/2 c. Pineapple w/ 1/8 c. Cottage Cheese Crackers 2"x2" Blueberry Crumble</p>	<p>25 4 oz. Swedish Meatballs 1/2 c. Paprika Potatoes 1/2 c. Fruit Salad Wheat Bread/Butter 1/2 c. Lemon Pudding</p>
<p>28 8 oz. Tator Tot Hotdish 1/2 c. Mixed Vegetables 1/2 c. Honeydew Melon Wheat Bread/Butter 2"x2" Pumpkin Bar</p>	<p>29 3 oz. Ginger Citrus Chicken 1/2 c. Rice 1/2 c. Peas 1 Apple Wheat Bread/Butter</p>	<p>30 4 oz. Pub House Fish 1/2 c. Buttered Noodles 1/2 c. Corn 1/2 c. Tropical Fruit Wheat Bread/Butter</p>	<p>31 3 oz. Chicken Breast 1/2 c. Mashed Potatoes/Gravy 1/2 c. Glazed Carrots 1/2 c. Applesauce Wheat Bread/Butter</p>	<p>387-4076</p> 