

Private Pay Costs for Care Services/Supports

Minnesota	Avg. Daily Nursing Home Rate : Private	Avg. Daily Nursing Home Rate : Semi-Private	Avg. Monthly Cost in Assisted Living Facility	Home Health Aide Average Hourly Rate	Homemaker Services Average Hourly Rate	Adult Day Services Daily Rate
Minneapolis	171.00	146.00	3,677.00	26.00	22.00	67.00
Rest of State	141.00	121.00	2,731.00	25.00	19.00	49.00
State Average	156.00	134.00	3,204.00	26.00	21.00	58.00

Source: 2008 Cost of Care Survey, Genworth Financial, March 2008

State average cost for 1 year in Nursing Home (semi-private room): \$48,910

State average cost for 1 year in Assisted Living Facility: \$38,448

- 70% of people over 65 will need care services and there is a very good chance they will have to pay for some or all of these services out of their personal income and resources.
- Planning for and employing supports in the home may help the older individual to prevent or delay a move to a 24-hour care setting and will help stretch financial resources further.

Example: Mrs. S cares for her husband who has Parkinson's. She is unable to help him with a shower anymore and is worried about him being alone in the house when she is gone. They recognize their need for more support but wonder what their possible options are and what the costs may be.

Option 1	Option 2	Option 3	Option 4
Hire Own Help (Family member, neighbor, or friend)	Home Health aide + Adult Day Service	Assisted Living	Nursing Home
Personal assistance = \$9360/year (\$15/hour for 6 hours 2 days per week)	Aide= \$5200/year (2 hours, 2 x week)	Single bedroom	Semi private room
Bath provided by same person	Day service= \$6032/year (2 days per week)		
Total: \$9,360/year	Total: \$11,232/year	Total: \$38,448/year	Total: \$48,910/year